In the 4th Joyful Mystery, we read and we meditate undisturbed:

A SYSTEMATIC CARD for the METHOD of PRAYER- ADP-VV (Compiled by the Little Friars and Nuns of Jesus and Mary)

(D13 – Sr. E.M.T..)

"The Presentation of Baby Jesus in the Temple"...

FROM THE GOSPEL ACCORDING TO - LUKE -:

"[*T*]hey took him up to Jerusalem to present him to the Lord, just as it is written in the law of the Lord, 'Every male that opens the womb shall be consecrated to the Lord'..." (Luke 2:22-23)¹

MEDITATION ON THE MYSTERY:

How should we present ourselves to the Lord: with works, or without them? We should do works (or "bear fruit") worthy of conversion (cf. *Luke* 3:8-9; *Matt* 3:8-10), because the Lord cursed the fig tree that was full of leaves but without fruit! (cf. *Off. of Readings*, 13 June; *Matt* 21:18-22; *Luke* 13:6-9) (cf. *SLC*, p. 183)

FROM THE TEACHINGS OF THE CATHOLIC CHURCH:

- In regards works, St. Teresa of Avila says: "If His Majesty showed us His love by means of such works and frightful torments, how is it you want to please Him only with words?"

(TERESA OF AVILA, *The Interior Castle*, VII.4.8, in: ID. *The Collected Works of St. Teresa of Avila*, Volume II, Translated by Kieran Kavanaugh and Otilio Rodriguez, ICS Publications, Institute of Carmelite Studies, Washington D.C. 1980, p. 446)

¹ NABRE (USCCB)

FREE AND PERSONAL MEDITATION

(for a personal contribution to give to those who listen):

Then follows ...

1 Our Father ...

- 5 Hail Mary ...
- 1 Glory be to the Father ... (Sung)

- Praised be,,,

- O my Jesus, forgive us...

- Mary, Queen of Peace ...

- Then, a quick song relevant to the mystery / or one sings : "Aveeeee, Aveeeee, Ave Maria"

Then one goes on to the next Mystery which (like this one) if possible must not take more than 5-7 minutes ...